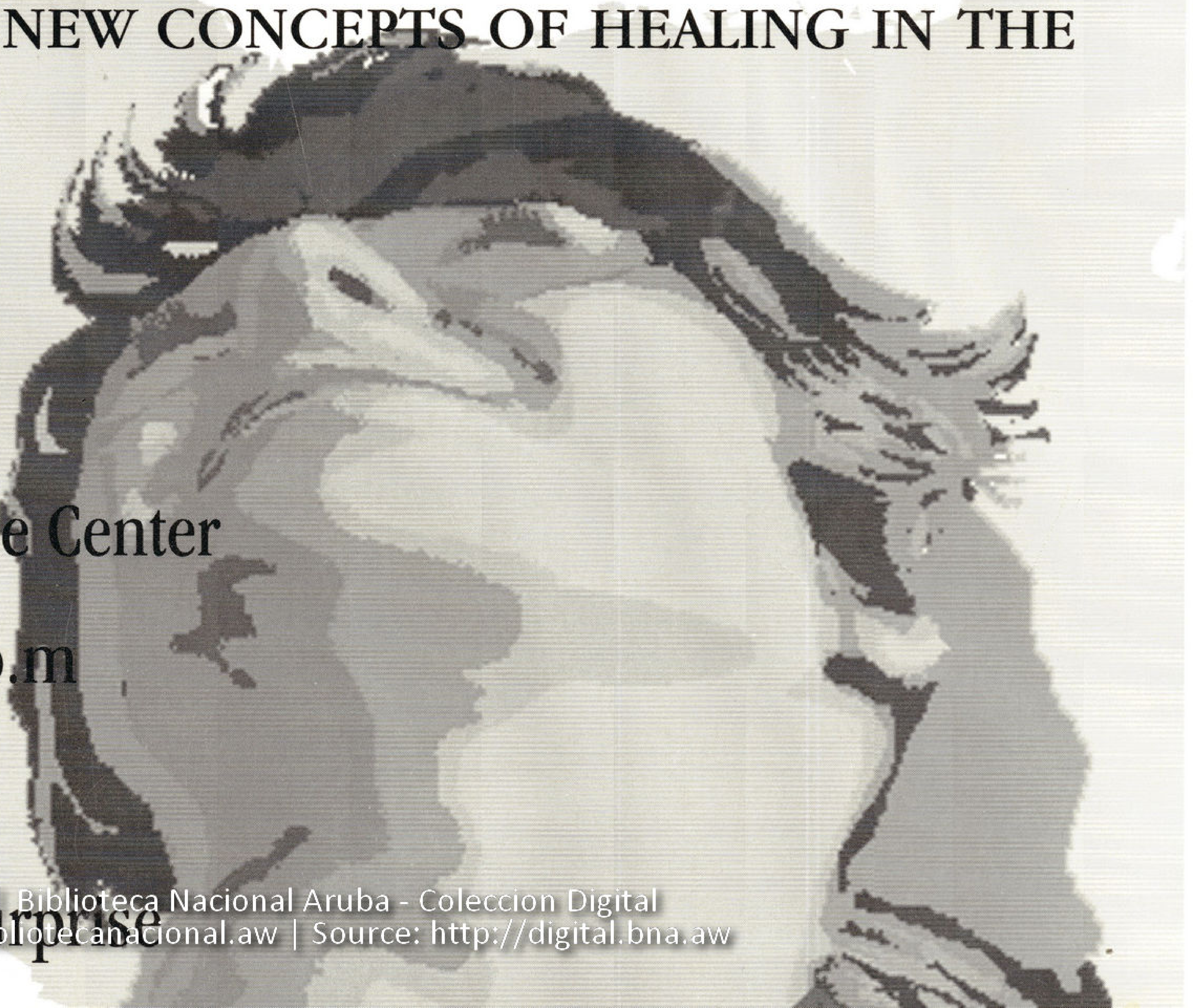
Living and Dying

Making the most out of life

Quota International Presents it's 11th Annual Seminar

Dr. Ronald Hoffman, author of "**Intelligent Medicine**", "**Are You Tired All the Time**" and many others books, gives us a blueprint for optimizing health and preventing illness. Dr. Hoffman will talk about new ways of treating common and not so common medical problems.
Dr. Hoffman is the host of a popular New York radio talk show called "Health Talk" and his articles have appeared in many prominent magazines. He is the Director of the Hoffman Medical Center in New York City, which utilizes traditional and non traditional approaches to medicine.

Barbara Harris-Whitfield - Author of "**Spiritual Awakenings**", and also on the board of the International Association for Near Death Studies. She has appeared on numerous talk shows, including Larry King Live, the Today Show, and Oprah Winfrey.
She will share with us her six years of research on near death experiences, as well as talk about her own near death experience and how it changed her life .
She will also talk about NEW CONCEPTS OF HEALING IN THE NEXT MILLENNIUM.



Date: March 27, 1999

Place: Seaport Conference Center

Time: 8:30 a.m. - 4:30 p.m

Tickets available from

Quota Members and at Surprise